

PATHSTAR

PRESERVATION OF AUTHENTIC TRADITIONS AND HEALING

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Dear PATHSTAR friends and supporters,

We want to express our appreciation for your continued encouragement and support. Huge thanks to everyone who was able to join us at our fundraiser on May 15 at the Fior D'Italia Restaurant in San Francisco! Your energy, enthusiasm and contributions made the event a vibrant and successful occasion.

Our seventh annual PATHSTAR Pine Ridge/San Francisco program will be taking place October 5-12. The Alcatraz swim will take place on October 12. We will bring another varied group of Lakota people from the Pine Ridge Reservation in South Dakota and other communities to participate in a week of events focusing on healthful life style and nutritional habits culminating with the swim from Alcatraz. Our guests will take back their experiences and ideas to help influence change in their communities. We ask for your contributions and support to help make this year our best yet. We have had various offers of help and encourage any of you who are interested in volunteering for the program this year to get in touch with us. We do not want to leave anyone out so please let us know if you would like to help and in what capacity.

We are also reaching completion of the our film "From the Badlands to Alcatraz" which documents the journey of 5 Lakota youth to San Francisco to participate in the 2005 program and train for their triumphant swim from Alcatraz. Please let us know of any festivals or venues where you'd like to see our film.



In the process of relocating some of our operations and changing our terrestrial mailing address, we have discovered that there may be some ongoing mail sorting issues. If you have sent us something and have not heard back or have had any PATHSTAR mail returned, please let us know.

We are moving into the brave "new" world of email to bring you up to date from time to time about PATHSTAR news. We will not try to load your mailbox too frequently with broadcasts and you can 'unsubscribe' if you no longer wish to receive these messages. Just hit reply and write 'unsubscribe' in the subject line. On the other hand, if you know of someone whom you think may like to receive this, invite them to email us at info@pathstar.org, and we'll add them!



Again, MANY THANKS!!!